



250 Scarborough Golf Club Road  
Toronto, ON M1J 3G8  
www.fasworld.com

FASworld Presents

## Teresa Kellerman's FASD Magical Mystery Tour

Survival strategies for families of alcohol-affected children and adults

Saturday, Sept. 22, 2007, 9 a.m. to 4 p.m.  
Paul Marshall Theatre, St. Michael's Hospital, Toronto

Families of individuals with fetal alcohol spectrum disorders (diagnosed or suspected) are invited to a powerful, positive, realistic, funny and *FREE* one-day workshop by FASD pioneer, parent and inspirational speaker Teresa Kellerman of Tucson, Arizona.

Topics to be covered in this jam-packed day include:

- Understanding FASD behavior (Why they do what they do!)
- The 9-step Ladder to Success for parents and caregivers
- How to care for the caretaker (especially when it's you)
- Nutritional recommendations for children and adults
- How to avoid "FPSD" (FASD Parent Stress Disorder)
- A Reasonable Plan for supporting adults with FASD
- How to work through your grief, anger, fear and frustration



The adoptive mother of an alcohol-affected young adult, Teresa is Director of the FAS Community Resource Center in Tucson and is a consultant to the U.S. government's FASD Center for Excellence. She is co-founder of International FAS Awareness Day, and creator of [www.fasstar.com](http://www.fasstar.com), the Internet's most comprehensive website on FASD.

Free for family members; \$25 for professionals and others. 2/3 of spaces in the auditorium will be reserved for families until September 7. Priority will be given to families living in Toronto or associated with a Toronto serving agency. For information, call Bonnie Buxton at (416) 264-8111.

Sponsored by the Ministry of Children and Youth Services Children's Mental Health Fund.  
Special thanks to: The Children's Aid Society of Toronto; St. Michael's Hospital; and Richard Ilomaki.

To reserve space, please complete the form below and e-mail to Bonnie Buxton [ogrady@axxent.ca](mailto:ogrady@axxent.ca) by September 7, or mail to FASworld Toronto, 250 Scarborough Golf Club Road, Toronto, ON M1J 3G8.

Yes! I want to attend Teresa Kellerman's FASD Magical Mystery Tour  
Saturday, September 22, Paul Marshall Theatre, St. Michael's Hospital, Toronto

Name:..... email:.....  
 Address..... City.....Postal Code.....  
 Home Phone ..... Business/Cell Phone .....

Parent/Caregiver?..... Family Member?..... Professional?..... Other?.....

If you have a professional interest in FASD, please indicate the kind of work you do. (education, legal, medical, justice system, counseling, disabilities, etc.): .....